

Anuj Arun Shah, J.D., Ph.D.

Anuj has practiced law since 2002, and he has been Board Certified in Immigration and U.S. Nationality Law by the Texas Board of Legal Specialization since 2014. Before devoting his career to Immigration, Anuj practiced in a variety of arenas earlier on in his career, including international law, energy regulatory law, commercial litigation, and labor and employment law.

With respect to health and well being, Anuj started his journey in February of 1989 very much by accident! It was the middle of the night when, completely unexpectedly, yet inspired by a book he couldn't put down, he made the instantaneous decision to go vegan.

That life-changing decision has since informed every other aspect of his existence, and to this day, Anuj considers this to be the pivotal moment of his life that has blessed him with enormous amounts of health and vitality, and overall unimaginably vibrant well being. Anuj loves sharing his experiences about his plant-based vegan life and lifestyle, and is excited to present on this topic to his fellow AILA colleagues!