

Description of Activities

El Yunque Rainforest – part of the U.S. National Forest System, El Yunque boasts over 240 varieties of plants and receives billions of gallons of rainfall each year. Your visit includes a stop at Coca Falls, a visit to El Portal which is a beautiful visitor's center in the rainforest, a stop at Yokahu Tower which commands a view of the entire northeast coast of Puerto Rico, and a low impact hike along the Caimitillo trail where your guide will point out various phenomena of the rainforest, like the natural nest habitat for the almost extinct Puerto Rican Parrot. We'll bring the chilled bottled water.

El Yunque Rainforest with Extended Hike to La Mina Falls- For the physically fit we offer an alternative of going down to Las Minas Falls. This hike is approximately 45 minutes going downhill and a 55 minute hike return- all up hill. There is a beautiful waterfall and swimming hole at Las Minas, so you will have a chance to wade in the water.

City Tour with Shopping Time - Your visit will pass through some of the newer sections of San Juan before crossing over on to the island of old San Juan, connected by bridges to mainland Puerto Rico. Your tour includes admission to Fort San Cristobal, which successfully defended Puerto Rico from attack by the British and Dutch in centuries gone by as well as a panoramic tour of the remainder of historic old San Juan before being dropped off for further exploration on your own, on foot, and free time for lunch and shopping in the many boutiques and outlets that line the historical cobblestoned streets.

Combination City and Casa Bacardi Rum Tour - First, you will proceed to Casa Bacardi, located on the south side of San Juan Harbor where you will enjoy a fascinating tour of Casa Bacardi. At this visitor center of the worlds largest distillery you will experience the history and culture of rum making and sample their very fine product, following which you'll enjoy a brief panoramic tour of historic Old San Juan and visit Fort San Cristóbal, a UNESCO World Heritage site.

Horseback Riding in the Foothills of the Rainforest – Hacienda Carabali is home to some of the finest *Paso Fino* horses on the island, and the Diaz family who own this huge tract of land at the foot of the rainforest have developed a pool of this type of fine gaited horses for the enjoyment of visitors. Wear long pants and put a bathing suit on underneath your clothing, for during the rest stop there's an opportunity to take a dip in a river pool. Children five years of age or older are welcome, but please, no pregnant ladies, and 225 pounds is the weight limit. If you are an experienced rider, speak up when you get to the stables, and they'll make sure you get a suitable horse. If you've never ridden before, don't worry, you'll be given a Paso Fino horse that will be just right for you.

ATV Adventure in the foot hills of the Rainforest - Four Track Adventures operates on Hacienda Carabali's 600 acre horse ranch and dairy farm where the Diaz family has lived for more than 25 years. This excursion allows you to experience an exhilarating, adrenaline boosting four track ride that explores the Puerto Rican country side. The ride takes you through the foothills of the Rainforest and exposes the rider to both low lying areas as well as uphill tracks under towering trees and across rivers and rugged Rainforest terrain on your own 300cc four track. We recommend wearing clothing you don't mind getting wet and muddy and long pants because the engine compartment heats up. Closed toe footwear like sneakers and sunglasses to protect your eyes. Helmets are provided.

Canopy Tour – Zip lining in the La Marquesa Forestry Reserve – Move from platform to platform enjoying a bird's eye view of the forest while at the same time experiencing the rush of gliding, falling and flying through the trees. A lush tropical landscape is the backdrop for this activity as you soar through the treetops. This is an unforgettable excursion that allows you to experience Puerto Rico from a different perspective. Recommended attire is comfortable clothing you don't mind getting dirty or wet. Long pants are preferred to prevent any chafing from the safety harness and tennis shoes are a must.

Catamaran Sail – This is what the Caribbean is all about, and the Caribbean Sea starts right where our catamarans depart from. The bar opens as the last line is slipped from the boat and she's under way – Rum Punch, Piña Colada, soft drinks and water. And there are snacks from the time you embark until you return, plus a gourmet "Build Your Own Sandwich" buffet luncheon complete with fresh tropical fruits. Two stops are made, the first at a deserted island where you can snorkel (equipment is provided), lie in the sun, or stroll the beach. Following lunch a second spot is visited; one that offers a deeper water snorkeling opportunity. Or if you prefer, you can just paddle around the bow ladder that's lowered into the water. It's a great day!!!

Night Kayaking – Puerto Rico is famous for its bioluminescent bays, and one of the finest is an hour and a half from the hotel. Better appreciated on a moonless night, but a stupendous ecological experience even on moonlit nights, this trip gets you aboard two person kayaks with trained Life Guard/CPR qualified guides who lead you through the mangrove channels of an environmental preserve. When the ambient light level is low, the waters glisten with microorganisms that emit light when disturbed. You can scoop up a handful of water and let it spill back into the water in a shimmering waterfall of diamonds. A fish darting through the mangrove roots creates a streak of light. Not recommended for people who are afraid of the dark. To do this activity you should be physically fit. There is a combined weight maximum of 400 pounds per kayak.